



# ATLANTIC MEDICAL GROUP

## NEWSLETTER - MARCH/ APRIL 2022

**We are pleased to welcome the newest members of our team**

**Dr Jack Munro-Berry** - GP Partner from 01.06.2022

**GP Registrar**

**Dr Lauren Pearce**

**Dr Achuthan Sripathmanathan**

**Dr Lin Su Thet Wai**

**Practice Nurse**

**Elizabeth Ferris**

**Paramedic**

**Jordan Kirton**

**Mark Skeplorn**

**Receptionist**

**Sadie Pascoe**

**Clinical Pharmacists**

**Cornelius Amadi**

"I am honoured to be joining the team at Atlantic Medical Group in June as a GP Partner. I started at AMG in February of 2021 (it was then still Alverton Surgery) for my final year of postgraduate training in my home county of Cornwall. During this year I have developed strong relationships with the team and patients at AMG and feel at home here. I have been continually impressed by the hard work and dedication of the whole team at AMG to improve patient care and develop the practice. I am excited to build on those efforts and contribute my own blood, sweat and tears to the future of the practice for both patients and team"

### **We also sadly have to say goodbye to a member of our team Alison Hanley**

It is with a heavy heart that we announce the sad departure of one of Atlantic Medical Groups Practice Manager Alison Hanley.

Ali started her career at Alverton Practice as a Receptionist before progressing up through the ranks to become Practice Manager. She worked for Alverton for over 21 years before becoming joint Practice Manager of the newly merged Atlantic Medical Group, working out of St Clare Medical Centre, a position she has held for the last year.

Ali has been a fantastic Practice Manager over the years and a true friend and mentor to all her staff, past and present, who have looked up to her and valued her friendship and wisdom. She will be missed by everyone here at Atlantic Medical group and we would like to wish her all the very best for wherever her future leads her.

## COVID-19 Vaccination Update

The following guidelines align with the very latest NHS guidance and have been agreed by the Management Team. They are effective from february 2022 until 31st march 2022 and will be revised ahead of anticipated changes in April 2022, if not before.

1. There are no immediate changes to preventative measures within GP Surgeries. This includes the requirement for staff, patients and visitors to wear a mask/face covering in healthcare settings. All measures such as signage, screens and hand cleaning also remain unchanged.
2. This does exclude the waiting room where furniture has now been returned and floor markings will be removed. Visitors should use personal judgement to maintain distancing and respect others.
3. Patients without a mask should be asked to wait in their cars or outside the building until immediately before their appointment for the protection of other patients

## COVID Update

Please continue to book your 1st, 2nd and booster vaccination through the online booking system on the NHS website. Please do not phone to book. These are booked through the national booking system on the NHS website. We are running regular Clinics at St Clare Medical Centre.

**Website:** <https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/book-coronavirus-vaccination/>

## Dispensary – Cape Cornwall Site

Cape Cornwall Surgery has its own Dispensary which is open between 08:00 - 18:00 on weekdays, closing for lunch between 13:00 and 14:00. We can dispense drugs for any patients living more than a mile from a chemist.

Drugs are delivered to outlying areas of West Penwith and can be collected from:

- Costcutter, Sennen – Monday, Wednesday and Fridays
- The General Store, St Buryan – Monday, Wednesday and Fridays
- Boscawell Stores, Pendeen – Monday, Wednesday and Fridays

We also provide a limited home delivery service for housebound patients on a Monday, Wednesday and Friday. Please contact the Dispensary for further information.

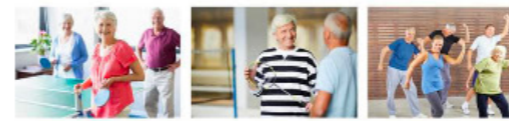
## Better Activity years Club

Are you over 55 and not as active as you were?

Come along and try activities like badminton, table tennis, keep fit, mini tennis and Tai Chi.

The aim is to get us out of our arm chairs, and into some low impact, low intensity activities that are fun and healthy.

Free taster sessions in February & March. Refreshments provided. See [go-stjust.org/betteryears.php](http://go-stjust.org/betteryears.php) for details.



At GO! St. Just Sports & Fitness Centre  
Cape Cornwall Road, St. Just.  
(01736) 787856 | [info@go-stjust.org](mailto:info@go-stjust.org)

Offered by Active Cornwall, delivered by GO! St. Just and supported by the Cornish Dubseal management funds. active Cornwall

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Mondays 9am to 11:30am

At GO!  
St Just Sports & Fitness Centre  
Cape Cornwall Road  
St Just  
01736 787856  
[info@go-stjust.org](mailto:info@go-stjust.org)

Free taster sessions in March 2022

## Training and Work Experience on a community farm – Next course January – April 22 Tuesdays and Thursdays

Call Katie on 01736 272367 / 07946746396 for an informal chat or to arrange a visit.

Bosavern Training & Work Experience is based at our community farm near St Just, convenient for buses from both St Ives and Penzance. We can help with travel costs. Our Tutors lead gentle horticultural and cookery activities every Tuesday and Thursday over 11 weeks to help boost skills, confidence and teamwork as well as offering practical help to apply for work, college or placements e.g. assistance with job applications, lifts to interviews, clothing, inspiring talks and trips to visit employers, colleges and other projects.

### Who can take part

Working age (18yrs-60-ish) with the right to work in the UK  
Not currently earning (unemployed or economically inactive)  
Local address (includes St Ives, Carbis Bay, Penzance, Newlyn, St Buryan, Porthcurno, Sennen, St Just, Pendeen.

**TRAINING & WORK EXPERIENCE ON A COMMUNITY FARM**

Interested in hands-on growing & cooking activities? Need some help finding employment?

**Bosavern Community Farm**

"The level of support is amazing!"  
"Do it!"  
"I love being outdoors in nature!"  
"I feel less anxious when I'm at the farm!"

**Our next course:**  
**Jan - Apr 2022 Tuesdays & Thursdays**  
plus follow-on support

Call Katie for an informal chat 01736 272367, or drop in to our Thursday 'taster sessions' from 10am during December & January

Watch short films from previous Trainees and see photos online

**#BosavernFarm** This award-winning project uses organic, regenerative growing techniques and helps people to progress into college or paid employment. No prior experience or qualifications necessary.

CORNWALL COUNCIL European Union European Structural and Investment Funds 01736 272367/07946746396 training@bosaverncommunityfarm.org.uk



# REMINDERS

## Results of Tests and Investigations

Please do not attend Reception to ask for test results.

Please telephone the surgery after 14:00 pm for all test results. Allow one week before contacting the surgery about the results of routine tests and X-rays. Letters and results from a Consultant can often take two weeks. Smear results can take much longer and are posted to you.

Note that Atlantic Medical Group has a strict policy regarding confidentiality and data protection, and we will only release test results to the person to whom they relate unless that person has given prior permission for the release of this data or they are not capable of understanding the results.

It is your responsibility to check your results and to make an appointment to discuss them with a Doctor if you advised to do so.

Please note that a Receptionist can inform you of your result that a Doctor has seen and commented on, if require further information you will need to speak to a clinician to discuss further.

## Dropping in Samples

As a reminder when you require to drop a urine sample into the surgery, please phone and inform the Receptionist of your symptoms so that they can make a note for a Doctor in order for the sample to be actioned correctly. Once you drop the sample in, please inform the Receptionist of your name and date of birth and leave in the box to Cape Cornwall Surgery before 1pm and St Clare Medical Centre before 4pm.

